



## SCHOOL MEAL PROGRAM

Hot Lunch Menu November, 2016

*Thank you for supporting the School Meal Program*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>October 31</b> Baked Chicken & Potato Wedges <i>(Chix &amp; Skeleton Stix)</i> Cherry Tart <i>(Cauldron Cake)</i> Milk	<b>1</b> Shepherd's Pie (beef)  Applesauce Milk	<b>2</b> Cheese Ravioli with Tomato Sauce  Fresh Fruit Milk	<b>3</b> Vegetarian Chili Multigrain Roll  Carrots & Dip Milk	<b>4</b> Souvlaki Chicken With Rice  Fresh Fruit Milk
<b>7</b> Meat Sauce (beef) With Penne  Granny Smith Apple Milk	<b>8</b> Teriyaki Tofu and Veggies on Rice  Fruit Yogurt Milk	<b>9</b> Mango Salsa Chicken with Roast Potatoes  Caesar Salad Milk	<b>10</b> Cheese Pizza on Multigrain Crust  Fresh Fruit Milk	<b>11</b>  <b>REMEMBRANCE DAY</b>
<b>14</b> Beef Lasagna  Fresh Fruit Milk	<b>15</b> Potato & Leek Frittata with $\frac{1}{2}$ Multigrain Bagel  Canned Pineapple Milk	<b>16</b> Turkey Meatballs & Whole Wheat Spaghetti  Tossed Salad Milk	<b>17</b> Lentil Dahl with Pita Wedge  Snap Peas & Dip Milk	<b>18</b> Chicken Noodle Soup Stoned Wheat Crackers Fresh Fruit Milk
<b>21</b> Beef Stew with Potato & Veggies & Multigrain Roll  Fresh Pear Milk	<b>22</b> Chicken Cacciatore with tri color Rotini  Spinach Salad Milk	<b>23</b> Fish Fillet on Rice & Quinoa Blend  Cucumbers & Dip Milk	<b>24</b> Veggie Pizza on Multigrain Crust  Fresh Fruit Milk	<b>25</b>  <b>PROFESSIONAL DAY</b>